#### 2020 Santa Barbara School Wellness Summit

#### 1. Title of Resource

California Department of Education, Nutrition Services Division's Local School Wellness Policy Online Training Course #310: Build the Local School Wellness Policy

# **Description and Target Audience**

Learn about ways local educational agencies participating in the National School Lunch Program or the School Breakfast Program can develop, assess, and update their local school wellness policies.

Food service directors and staff, wellness coordinators and committee members.

Link https://www.cde.ca.gov/ls/nu/ed/course310.asp

#### 2. Title of Resource

California Department of Education, Nutrition Services Division's Local School Wellness Policy Online Training Course #886: Local School Wellness Policy Requirements

# **Description and Target Audience**

Learn about the latest requirements for local school wellness policies for local educational agencies participating in the National School Lunch Program or the School Breakfast Program.

Food service directors and staff, wellness coordinators and committee members.

#### Link

https://www.cde.ca.gov/ls/nu/ed/course886.asp

### 3. Title of Resource

California Department of Education, Nutrition Services Division's Child Nutrition Programs Course Catalog web page

### **Description and Target Audience**

Review the many other child nutrition program online courses. The online courses are grouped by program and organized by the key areas of nutrition, operations, administration, and communication and marketing.

Food service directors and staff, wellness coordinators and committee members, and other school or community staff.

#### Link

https://www.cde.ca.gov/ls/nu/ed/cnpcoursecatalog.asp

#### 4. Title of Resource

California Department of Education, Nutrition Services Division's Local School Wellness Policy web page

# **Description and Target Audience**

Information regarding the Local School Wellness Policy requirements, background, compliance, training, resources, and policy guidance, for local educational agencies.

Food service directors and staff, wellness coordinators and committee members.

#### Link

https://www.cde.ca.gov/ls/nu/he/wellness.asp

#### 5. Title of Resource

California Local School Wellness Policy Collaborative web page

# **Description and Target Audience**

Learn about the CA Local School Wellness Policy Collaborative and access local school wellness policy training, technical assistance, and resources provided by the partnering agencies.

Food service directors and staff, wellness coordinators and committee members.

### Link

https://www.healthyeating.org/products-and-activities/programs-services/professional-development-advising/california-local-school-wellness-policy-collaborative

#### 6. Title of Resource

California Department of Education, Nutrition Services Division's Food Pantries in Schools web page

# **Description and Target Audience**

Food pantries in schools provide children facing food insecurity with easy access to nutritious food. This web page provides information regarding the benefits, operations, policies, resources, and trainings related to school food pantry programs.

School and community members interested in starting or maintaining a school food pantry.

#### Link

https://www.cde.ca.gov/ls/nu/he/schoolfoodpantries.asp

#### 7. Title of Resource

California Department of Education, Nutrition Services Division's Local School Wellness Policy Online Training Course #215: Overview: Competitive Food and Beverage Rules

# **Description and Target Audience**

Provides an overview, including definitions and resources of competitive food and beverage rules.

Any entity that sells foods or beverages to students, on school campus, during the school day, and outside of the school meal program.

Link https://www.cde.ca.gov/ls/nu/ed/course215.asp

#### 8. Title of Resource

California Department of Education, Nutrition Services Division's Competitive Food and Beverage web page

# **Description and Target Audience**

Information on competitive foods and beverages including definitions, background, compliance, resources, policy guidance, and frequently asked questions for sponsors participating in the National School Lunch Program or School Breakfast Program.

Food service staff, school and district administrators, and any entity that sells foods or beverages to students, on school campus, during the school day, and outside of the school meal program.

Link https://www.cde.ca.gov/ls/nu/he/compfoods.asp

### 9. Title of Resource

California Department of Education's Local Control Funding Formula Priorities/Whole Child Resource Map

### **Description and Target Audience**

This map provides Local Control Funding Formula priorities and whole child resources and supports to help local educational agencies, schools, and families serve the needs of the whole child.

All district, school, and community members involved with or interested in how to connect the Local Control Funding Formula areas to the whole child learning model.

#### Link

https://www.cde.ca.gov/eo/in/lcff1sys-resources.asp

### 10. Title of Resource

California Department of Education, Nutrition Services Division's Nutrition What's New web page

# **Description and Target Audience**

Messages and other school nutrition-related correspondence sent to district food service personnel and other district administration staff is housed on this web page. Correspondence includes information directly from the Nutrition Services Division and correspondence passed through from the U.S. Department of Agriculture.

Food service directors and staff, and other district and school administration and staff interested in correspondence released by the Nutrition Services Division.

Link <a href="https://www.cde.ca.gov/ls/nu/nutritionwhatsnew.asp">https://www.cde.ca.gov/ls/nu/nutritionwhatsnew.asp</a>

### 11.Title of Resource

California Department of Education, Nutrition Services Division's COVID-19 Guidance for School and Child and Adult Day Care Meals

# **Description and Target Audience**

A chronological list of events occurring since March 2020, including the release of U. S. Department of Agriculture waivers, and question and answer documents.

Food Service Directors and district administration.

Link https://www.cde.ca.gov/ls/he/hn/schoolmeals.asp

### 12. Title of Resource CalFresh Healthy Living Connection web page

# **Description and Target Audience**

While intended for CalFresh Healthy Living staff this web site includes webinars, resources, and other important tools for anyone interested or involved in the many facets of wellness policy work. The CalFresh Healthy Living Training Resources Locator link provides an Excel spreadsheet of trainings. The Evidence-Based Interventions link under the CalFresh Healthy Living Webinar Recording Archive link provides a list of additional trainings related to healthy eating, physical activity, wellness policies, and more.

District, school, and community members interested in all areas of wellness policy work.

Link General web site: <a href="https://www.myctb.org/wst/casnap-ed/training/Pages/default.aspx">https://www.myctb.org/wst/casnap-ed/training/Pages/default.aspx</a>

CalFresh Healthy Living Training Resources Locator (XLXS): <a href="https://www.myctb.org/wst/casnap-ed/training/Shared%20Documents/STAS">https://www.myctb.org/wst/casnap-ed/training/Shared%20Documents/STAS</a> CFHLSWTResourcesList.xlsx

Evidence-Based Interventions: <a href="https://www.myctb.org/wst/casnap-ed/training/Lists/EvidenceBased%20Interventions/AllItems.aspx">https://www.myctb.org/wst/casnap-ed/training/Lists/EvidenceBased%20Interventions/AllItems.aspx</a>

# 13.Title of Resource

Los Angeles County Office of Education's Student Wellness Online Modules

# **Description and Target Audience**

Developed by the Los Angeles County Office of Education for classroom teachers, these online modules include the following topics: healthy classrooms, nutrition integration, the Rethink Your Drink campaign, physical activity, and common core standards.

Classroom teachers

### Link

https://nutrition.lacoe.edu/