

Carefully developed over 29 years, 100 Mile Club is the elite school-based program leading the effort to increase childhood physical activity and benefit overall health and wellness of students

nationwide.



Get Started Today!

Set Your Goal for GOLD!

951.340.2290 | 100mileclub.com | info@100mileclub.com





## WHY 100 MILE CLUB?

**FUN, Simple and Effective** 

Flexible - Works for any school situation

Adaptable - Can meet the needs of all children

**Cost-effective** - Programs range from FREE to just \$15/year

More than just a running program! Students learn important life skills benefiting their social and emotional health.

Sign up by October 29th and receive our 'Golden Ticket', with up to \$100 in savings for your school program!