



MENU OF SERVICES

FREE to Qualifying Schools
(≥ 50% FRPM)

Student Education

- Nutrition Education / Physical Activity
- Recipe Development / Taste Testing
- Garden Based

Parent Education

- Nutrition Education / Physical Activity
- School Wellness Leadership Development
- Recipe Development / Taste Testing

Staff Development

- Trainings regarding Nutrition Ed, / Physical Activity / Wellness
- Nutrition Services Staff trainings on school food, smarter lunchrooms etc.

Other:

- School-wide Community Events
- Assemblies / Activity Fairs
- Promotion Days (Re-Think Your Drink Day or Physical Activity Day)
- Taste Tests
- Free Posters / Informational Flyers / Resources



Before, After or During School Day
In Person or Online Options Available

For more information, let's connect!

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North County Contact: Email Fidel at FVillanueva@sbcphd.org