

Let's Eat Healthy

Join the Movement at HealthyEating.org

The Let's Eat Healthy movement activates our cause and invites **coordination, collaboration** and **co-creation** with partners like you to **help ensure children and families are supported to grow healthfully** and to find realistic solutions to address disparities in access to education and high quality, wholesome foods—two areas that can impact lifelong health and success.

Through shared values, the movement aims to empower stakeholders like you to champion community health through nutrition, provide resources to teach and inspire healthy eating habits, and find solutions to make nutritious foods accessible and affordable to all.

Connect with your Local Community Nutrition Adviser today!

Our nutrition experts help guide individual nutrition priorities in local communities.

Connect today → HealthyEating.org/Adviser

Nutrition Education

Develop and distribute materials for use in classrooms and community health settings.

Explore resources → HealthyEating.org/Education



Professional Training

Provide teachers, health educators and nutrition services with professional development + training.

Learn more → HealthyEating.org/Training

Collaboration

Share nutrition expertise with community leaders, school wellness committees and foodservice staff.

Meet our partners → HealthyEating.org/Partners



Evidence-based Research

Connect the community to relevant, credible nutrition research and trends.

Read the latest Trends → HealthyEating.org/Science



Dairy Council of California®

Over 100 years of elevating the health of children + families through the pursuit of lifelong healthy eating habits.

Contact us at info@HealthyEating.org or call 1(877) 324-7901.