



# Making Your Local School Wellness Policy (Board Policy 5030) an Action Plan for Wellness in Your District

**Santa Barbara School Wellness Summit  
October 2023**



**CALIFORNIA DEPARTMENT OF EDUCATION**  
Tony Thurmond, State Superintendent of Public Instruction



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State Superintendent  
of Public Instruction

# School Wellness in CA

- Collaboration
- Responsiveness
- Local Focus
- Engagement





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# Local School Wellness Policy (LSWP) Triennial Assessment (TEA)

- All COVID-19 LSWP TEA waivers expired on June 30, 2023
- If you missed the deadline, continue to work on completing the TEA with your community
- Your next LSWP TEA is due three years from your first TEA or the June 30, 2023, deadline
  - When calculating this date, include the school year of the TEA
- Explore the California Department of Education (CDE)'s LSWP and the LSWP Collaborative's TEA Template web pages





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# LSWP Action Plan

1. Meet the minimum requirements
  - Title 7, *Code of Federal Regulations*, sections 210.31(a) through 210.31(f) and 220.7(h), and *CA Education Code* Section 49432
2. Build on the foundation
  - Board Policy 5030, CA School Board Association
3. Engage students, families, and community partners
4. Customize and continuously improve
5. Showcase your successes





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# Contact Us

- If you have any additional questions, contact the CDE at [lswp@cde.ca.gov](mailto:lswp@cde.ca.gov)
- For more information, visit the CDE LSWP web page at <https://www.cde.ca.gov/lr/nu/he/wellness.asp>

