



# *Social and Emotional Learning*



Lompoc Unified School District  
Communitify



# The Presenters



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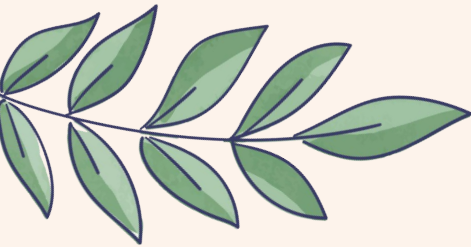
Program Manager,  
Family and Youth Services,  
Community





01

# Why SEL?





23%

LUSD 6th grade students that feel sad most or all of the time







# 30%

LUSD 7th grade students with chronic sadness





37%

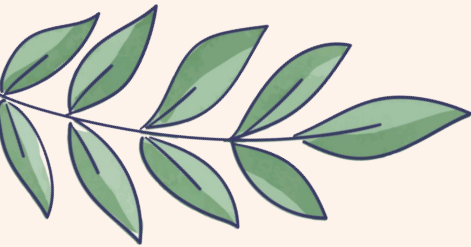
LUSD 9th grade students with chronic sadness





02

# SEL Plan

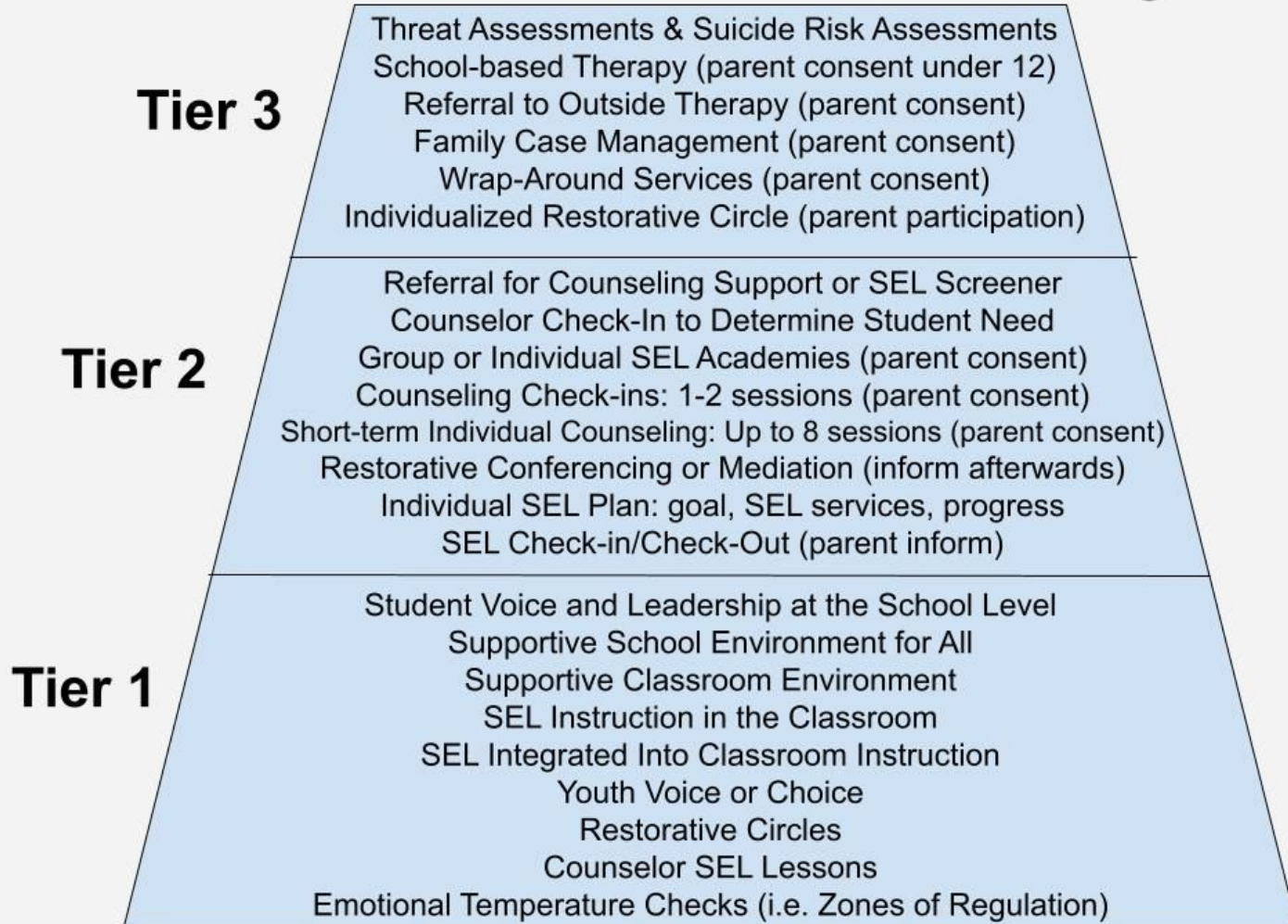


# The SEL Framework



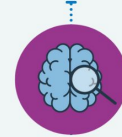


# DRAFT: Social Emotional Learning



## Social and Emotional Learning Builds Life Skills

Five types of skills that help us lead fulfilling lives



**Self-awareness** to develop a healthy sense of who you are, and better understand your thoughts and feelings



**Self-management** to manage your thoughts, feelings, and actions toward goals



**Social awareness** to better understand different views and have empathy for others



**Relationship skills** to communicate and connect, problem solve together, and stand up for others



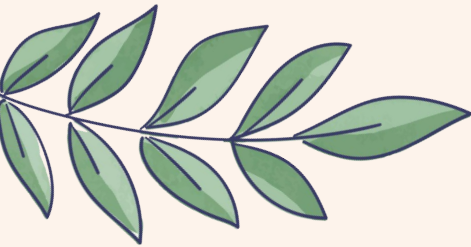
**Responsible decision-making** to make constructive choices, analyze our actions, and find solutions



03

# SEL Tier 1

School Wide Intervention and Support





# Tier 1 School Wide Support




## Theme Weeks

- Suicide Awareness
- Red Ribbon Week
- Random Acts of Kindness
- Dream It, Believe It, Achieve It!

## Classroom Lessons

- Teacher request
- School wide expectations
- Restorative circles

## Second Step

- 
- Growth Mindset
  - Emotion Mgt
  - Empathy/Kindness
  - Problem Solving

## Skill Building

- Self-Awareness
- Self Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making

## SEL Screeners

- Kelvin
  - Suite 360
- 

# Suicide Awareness: Start with Hello



## School-Wide Pledge

Students commit to look for others playing alone.



## Self Portraits

Hello, My name is:



## Mix and Mingle

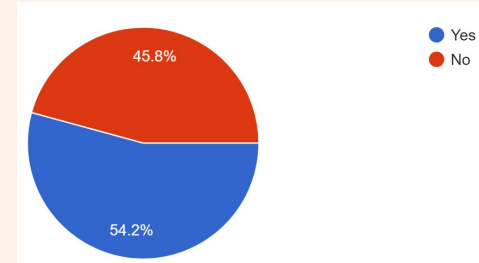
Mix and mingle find someone new to say "Hello" to



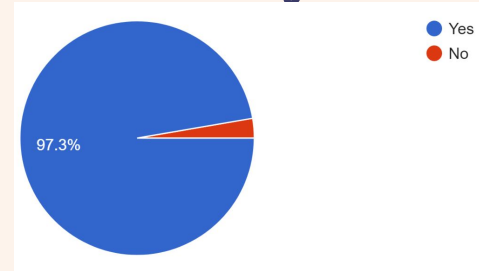
# Suicide Awareness SEL Lesson Data



## Pre-Survey



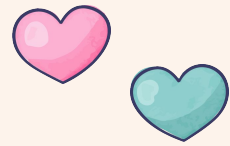
## Post-Survey



I can name 3 signs of  
suicide  
(118 Respondents)

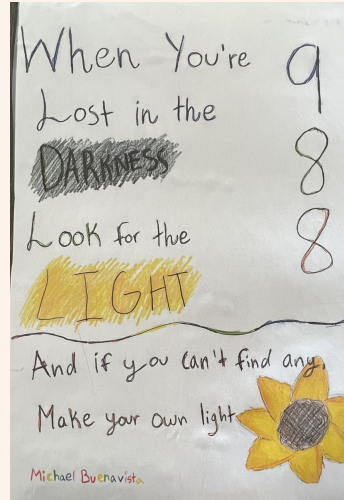
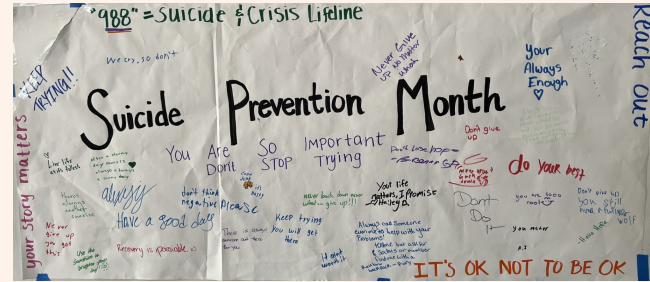


# Suicide Awareness Week



## Parent Night Presentation

Awareness about suicide, warning signs and community resources



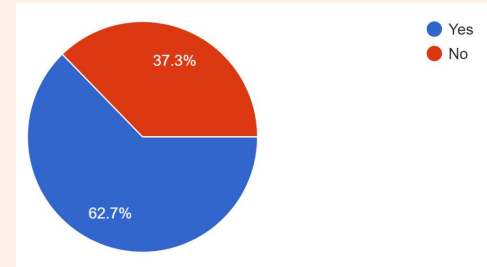
## Activities



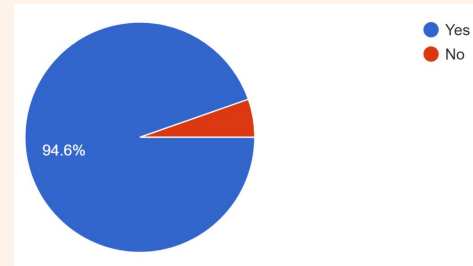
# Suicide Awareness SEL Lesson Data



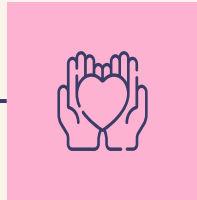
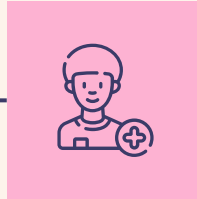
## Pre-Survey



## Post-Survey



*I can name 2 resources  
for help if struggling  
with thoughts of  
suicide*  
(118 Respondents)

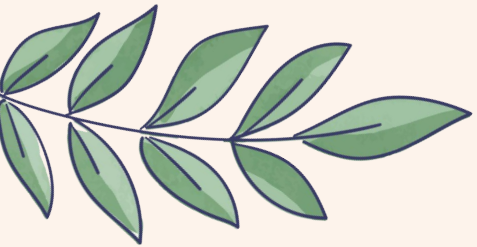




04

# *SEL Tier 2*

Group and 1:1 Support Services





# Tier 2 Interventions



## Referral Services

(Admin, teacher, parent or self)  
Individual SEL Plan, goals and progress.



## Direct Services

Short-term (6-8 week)  
1:1 SEL counseling



## Academies

Small groups focussed on specific Casel competency.



## Check-In/Check-out

Counselor support at B/M/E with reminder of daily goal and tools.



## Restorative Mediation

Facilitated meetings and circles focussed on restorative practices.



## Responsive Services

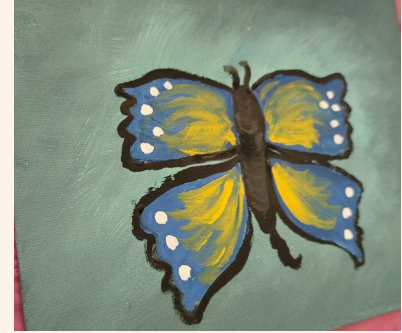
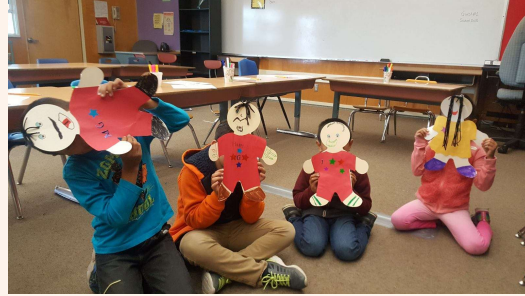
(Suite 360/Kelvin data) Data driven identification of “struggling” students.



# SEL Academies

## A Window Between Worlds

A healing arts program focused on empowering those who have experienced trauma with a culturally responsive, meaningful, accessible and trauma-informed curriculum.



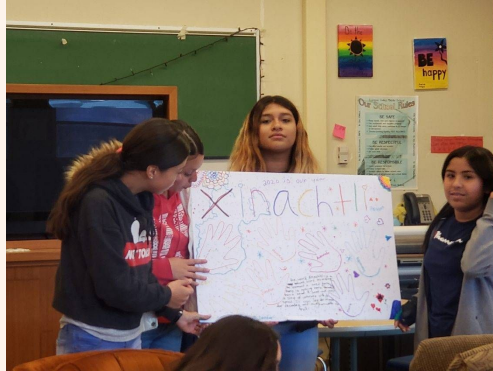
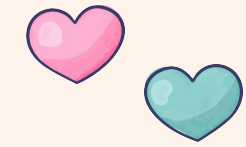
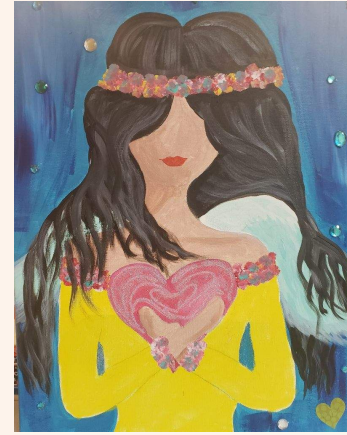
**“Building Self-Esteem and Resilience”**



# SEL Academies



## Xinachtli (She-nash-tli) "Blooming Seed"



A gender responsive, culturally based rites of passage philosophy process and curriculum that promotes healing resilience and leadership



## "Claiming Who I Am"

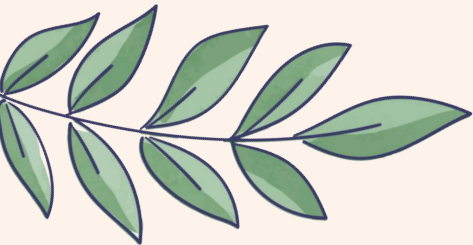




05

# SEL Tier 3

Specific and Specialized Student Services





# Tier 3 Options

LUSD has different Tier 3 options depending on the needs of the students at each school

<i>School-based Therapy</i>	Contracts with agencies to provide counseling at the school site
<i>Out of School Therapy</i>	Collaborating with the parents on referrals to community agencies
<i>Family Case Management</i>	School Social Workers work with the family to resolve family issues
<i>Wrap-around Services</i>	Referral to County Wrap-around services for multi-layered support
<i>Threat/Suicide Risk Assessments</i>	Conduct Assessments through the Navigate 360 platform
<i>Individual Restorative Circles</i>	Team of staff, community, family members participate in a restorative circle of support for the student



# Los Compadres/Las Comadres



## Joven Noble/ Girasol

*Rites of Passage, Character  
Development Programs*



## Mentoring

*Relationships can help students  
develop a positive identity,  
self-worth, and resiliency.*



## Case Management

*The Compadre and Comadre will  
submit referrals for students  
identified as needing additional  
support and or interventions.*



## Cultural Proficiency

*Addresses cultural values, beliefs  
and traditions, while keeping in  
mind cultural humility*

*Thank you!!*



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