

# Orcutt Union School District

## High School Cafeteria Upgrade!

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# Orcutt Academy High School Cafeteria Upgrade

## PURPOSE:

This project is to remodel the high school campus cafeteria to create a “food court” atmosphere. This atmosphere will be more appealing to this high school student population. Several years ago, our department had to let our extension room & serving kitchen become an art room for students. We suddenly had to serve over 300 students in one room! Ha. However, with The Smarter Lunchrooms Movement techniques, we were able to make this happen safely and successfully.

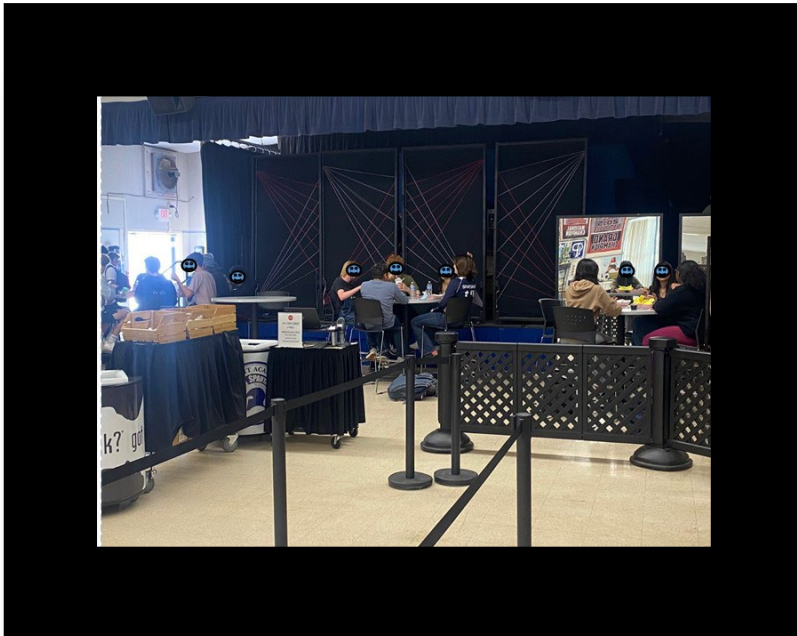
The purpose of this remodel and transformation will be to increase access to the meals for students, as well as increase participation in the School Breakfast Program and the National School Lunch Program. We often experience that the high school student population makes personal choices to skip meals for reasons that may be health related, personal, or social.

By creating a space on campus utilizing some of the Smarter Lunchroom techniques, students will be able to choose delicious and nutrition options that continue to help students manage portion sizes and enact healthy choices. This new food court design for a very small serving area, will increase efficiency & convenience. Therefore increasing access and improving service for up to 700+ students.

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School site administration will help cross-promote the school cafeteria and encourage students to participate in the school meal programs. So that they can perform their best inside and outside of the classroom, learn optimally and develop social-emotional wellbeing.

As part of this project, meal counts will be compared to before and after the cafeteria transformation to show the benefits of the remodel.

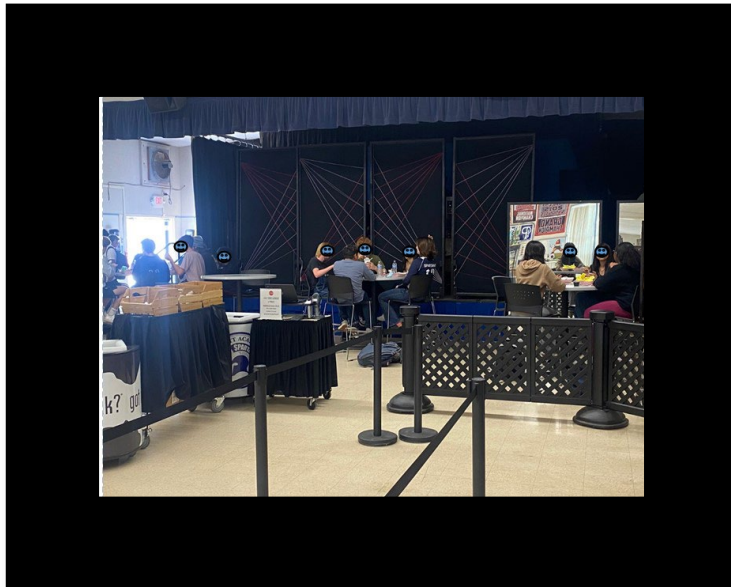


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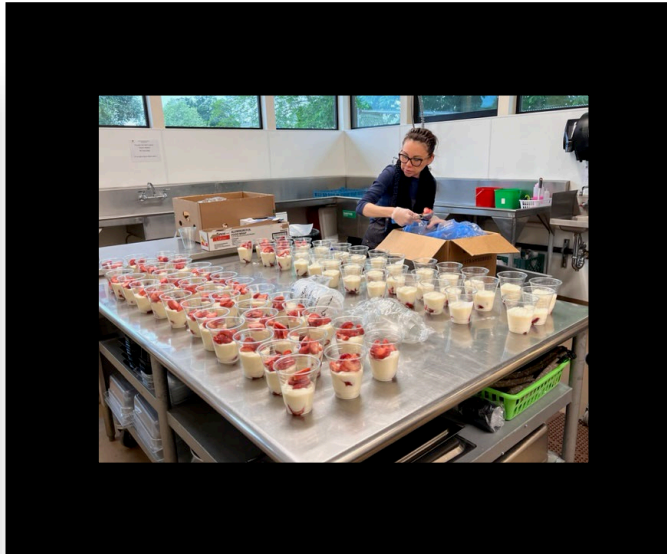
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- Adding a simple yet effective culturally diverse spice “Flavor station”, also enhances the students overall “food court experience”.
- Creating a small environment in the school lunchroom, that is a relaxed & safe space, will promote the develop of the students social-emotional wellbeing!
- Existing serving stations have been reconfigured using The Smarter Lunchroom techniques. This improves the students overall experience at meal times!



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- Many POS and nutrition promotion materials from the Dairy Council, Smarter Lunchrooms and community partners like the Public Health Dept. and UC Cooperative Extension are free and will be used to enhance the cafeteria décor.
- Many resources related to nutrition education and promotions are at no cost, as well as the technical assistance provided by the Dairy Council staff and community partners.
- Nutrition education and nutrition promotion is the foundation for this project to ensure nutrition security.





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# Thank you!

